

Krav Maga Seminar with Master Scott Turner, Saturday, March 17th, 2012
9am-6pm \$99 + hst

Krav Maga is not fighting in a ring, wearing uniforms, trying to get a 'belt', or win a trophy. It is a system designed to prepare you for real threats that we are encountering TODAY (not 1000 years ago).

Krav Maga has been tested in battle, law enforcement, and civilian situations. No other system in the world is more street and combat proven than Krav Maga.

You will quickly learn effective self-defense techniques and tactics, because Krav Maga is:

- Based on instinctive movements, so they are easy to learn and easy to remember under stress
- Not dependent on size, strength, or special physical ability, so Krav Maga techniques can be used effectively by men and women of all ages.

This system was designed to quickly enable anyone to defend themselves. The Israeli Defense Force created and has used Krav Maga for over 50 years; the system is now rapidly spreading across the United States and all around the world.

Hosted by: **Cloverdale Black Belt Academy** #2-17982 55th Avenue, Surrey, BC

604-576-0320 to register or via email bennettfamily@telus.net

<http://www.albanymartialarts.com/Templates/Krav%20Maga.htm>

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